



Life skills in the context of cultural changes

AIM:

- To understand the importance of personal development and life skills in primary prevention and obtain tools how to do it.
- To obtain basic knowledge on life skills and to train the ability to use them actively in a multicultural environment.
- To learn about successful projects in other European countries.
- To gain basic skills for persuasion and negotiation.
- To know how to fight against prejudice of diverse groups (e.g. people with disabilities, the elderly, people with a migratory background etc.)
- 3 credits

REQUIREMENTS:

- Participation in online presentations + active participation in BIP in Olomouc + final presentation

CONTENT OF THE COURSE:

The workshops will aim at dealing with life skills such as communication – a basic skill for persuasion and negotiation (Czechia), communication in a conflict (Poland), critical thinking in the context of cultural change (Slovakia), and arguments and fallacies based on Dahmer's theory etc.

PARTICIPATING PARTNERS

- Sts. Cyril and Methodius Faculty of Theology, Palacký University Olomouc (organizer, Czech Republic, country of the venue)
- Faculty of Education, Matej Bel University, Banská Bystrica (sending institution, Slovakia)

- Faculty of Social Sciences, Institute of Sociology, University of Silesia,
- Katowice (sending institution, Poland)
- The Katholische Stiftungshochschule München (KSH München) University of Applied Sciences (sending institution, Germany)

VIRTUAL COMPONENT DURATION

(including program in Olomouc), during this time the material in MOODLE will be accessible:

- 03rd March – 15th June 2025
- Online lessons will take place via ZOOM.
- <https://cesnet.zoom.us/j/91518700124>
- There will be 2 meetings online

1. MEETING - March, 4th (presentation of every partner: task for this meeting is: as a group think of an interesting and creative way how to introduce where you are from, and where you study and what you study, this task will be presented during this online session). The session will be held at 8 a.m.

2. MEETING - June, 12th (presentation of the final projects of individual countries). The session will be held at 8 a.m.

Please log into MOODLE already the first day of this course, i.e. 3rd March, 2025, to see all the materials!

MOODLE will contain an introduction of Palacký University, the Department of Christian Education, content of the course and areas of the workshops.

